PUBLIC HEARING TO RECEIVE PUBLIC TESTIMONY AND COMMENTS

IN RE: PROPOSED 2022 HEALTH INSURANCE RATE INCREASE

Golden Rule Insurance Company Pre-ACA Policies
Wellmark, Inc., Pre-ACA Policies
Wellmark Health Plan of Iowa Pre-ACA Policies
Wellmark Health Plan of Iowa ACA Policies

IOWA INSURANCE COMMISSIONER DOUG OMMEN, Presiding

Also Present: SONYA SELLMEYER
Consumer Advocacy Officer

Saturday, August 28, 2021 9 a.m.

Iowa Insurance Division Mississippi Conference Room 1963 Bell Avenue Des Moines, Iowa 50315

THERESA KENKEL - CERTIFIED SHORTHAND REPORTER

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PROCEEDINGS

COMMISSIONER OMMEN: Good morning to all of you. Welcome to everyone in attendance today.

I am Commissioner Doug Ommen and I am the Commissioner. In that I supervise the work of the Iowa Insurance Division.

Today we're going to be hearing comments on rate filings that were submitted in our individual health insurance market.

I am remote today due to personal circumstances. Please know I wanted to be there in person, but I'm unable to be, so--today, so I greatly appreciate your understanding.

I will be first hearing testimony from the Consumer Advocate, Sonya Sellmeyer, then going to offer an opportunity for insurance companies that are independents to offer any remarks that they might like to do so in order to supplement the extensive materials that have already been provided to me.

And then at that time I'll hear comments from the public in addition to the comments that have already been submitted in writing.

The rate proposals that are before me have been thoroughly reviewed by Iowa Insurance Division actuaries. Additionally, under Iowa law, I requested

an independent actuarial review by outside actuaries and that information is already before me and I have thoroughly studied that material.

Three of the plans that are being considered in this hearing are plans that existed prior to the implementation of the Affordable Care Act. These individual plans were grandfathered plans under the ACA or they are transition plans, that is plans that at the time of the implementation of the ACA, became known by executive action as transition plans which did allow the continuation of the plans but did not allow the companies to offer these plans to people that were not yet in that particular pool or plan.

The Federal Government does prohibit companies from offering these same plans to new participants. This is continuing to impact the risk pools because companies are unable to attract newer, younger, healthier individuals to replace those individuals who leave the plan. They can be described as closed blocks, and I believe this will continue to impact policyholders and the rates that we are seeing in these plans.

Finally, I will be also hearing information concerning an ACA plan that is an Affordable Care compliant plan of one of our insurers.

So for those of you in attendance, we're 1 2 going to proceed in the following manner: 3 first hear information concerning the Golden Rule 4 Insurance Company pre-ACA plan; then I will hear 5 information concerning Wellmark, Inc.'s, pre-ACA 6 plan; I will then thirdly hear information concerning 7 the Wellmark Health Plan of Iowa pre-ACA plan; and then, finally, I will hear information concerning the 8 9 Wellmark Health Plan of Iowa ACA plan, that is ACA compliant. 10 11 So let's begin. I'll first call the matter 12 of Golden Rule Insurance Company and its pre-ACA 13 And with that I will call upon Sonya plan. 14 Sellmeyer, our Consumer Advocate, to provide an 15 overview of comments that have been provided to the 16 Division over the publication of these proposed rates 17 and information otherwise submitted for my 18 consideration. Ms. Sellmeyer, I see you are prepared to 19 20 testify and so if you would, please provide to me the 21 information that you have prepared. 22 MS. SELLMEYER: Thank you, Commissioner. 23 Just so you're aware, we do have about 11 people here

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Thank you.

in attendance today. Thank you.

COMMISSIONER OMMEN:

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MS. SELLMEYER: A little background, and I'm just going to read this background paragraph once and it does apply to each one of the four health policies under review today.

Iowa Code, Section 505.19, sets forth procedures for health insurance rate increases requests exceeding the annual health spending growth rate published by the Centers of Medicare and Medicaid Services, otherwise known as CMS. The procedures include a requirement that the Consumer Advocate solicit public comments on the proposed rate increase, provide comments received by the public on the internet, and present the public testimony and comments received to the Commissioner of Insurance for consideration before a decision is made on the proposed rate increase.

The Iowa Insurance Division was notified on June 20, 2021, that Golden Rule Insurance Company, Golden Rule, was seeking a proposed average rate increase of 25 percent.

After a thorough review, the Iowa Health team, its consulting partner, Magnum Actuarial Group, and Golden Rule agreed that the revised rate increase proposal should be 9.5 percent. This concession was achieved by not allowing, in totality, a huge spike

in claims in June of 2020 that did not appear to be ongoing.

The 9.5 percent increase applies to all Generations 1 through 22 and 25 through 27 policies starting January 1 of 2022; Generation 23 on June 15th of 2022; and Generation 24 on June 1st of 2022, or as soon thereafter as the approval permits.

All of the plans affected are either grandfathered plans or transitional plans for a total of 2,000 covered lives. As the amount proposed exceeded the current average monthly health spending growth rate of 5.4 percent, the Consumer Advocate solicited comments regarding the proposed rate increase.

Actuarial Review. Two separate and independent reviews are conducted to confirm the carrier's rate change proposal. An internal review, as I mentioned, is conducted by the Iowa Insurance Division's health team which includes an actuary, and another review is independently conducted by a consulting actuary of our choosing on a contractual basis. The dual review system has been in place for 13 years.

For any medical insurance rate change proposal the review involves analyzing the carrier's

experience--which is premiums versus claims--the trends, the growth in the costs of the claims caused by unit cost increases, along with utilization increases, and other assumptions to determine if their rate change proposal is actuarially justified.

Both rate review teams employ technically-sophisticated processes and algorithms of the proposal. The type of analysis utilized, the formulas and methodology and overall process have developed over a period of many years and have been reviewed by other consulting actuaries for completeness and accuracy.

The State of Iowa is considered to have an Effective Rate Review Program in place by the Centers for Medicare and Medicaid Services, along with the effective rate review designation by CMS, as well as the process previously described which predates the effective rate review designation.

The public should be confident that any decision rendered after this hearing was thoroughly vetted by multiple parties.

Using the actuarial process described, the actuarial teams found the following:

The past loss ratios for this block have averaged 79 percent over the last seven years;

In the absence of a rate increase for calendar year 2022, the Iowa Insurance Division projects loss ratios in the range of 82 to 85 percent depending on the experience base utilized, one year versus two years, two years versus three years, et cetera. The range of the projections is caused by the notable reduction in the year-to-date 2021 loss ratio, down to 65 percent. However, the 2021 loss ratio will trend higher throughout the year;

Iowa Insurance Division trend models justify a trend growth rate increase of at least 7 percent based upon a review of the per member/per month claims and adjusted calendar year loss ratios. A higher trend growth rate may be justified depending on the experience period utilized, again looking at different time periods;

With the average loss ratio--current loss ratio and the consistent growth of claims, the Iowa Insurance Division's 2022 projected loss ratios range from 75 to 78 percent after the 9.5 rate increase is implemented. This range of values is caused by utilizing different experience periods;

After adjustments are made to account for taxes, licensing, and fees in the federally-prescribed medical loss ratio formula, the 2022

projected medical loss ratio formula is approximately 81 percent after the increase is implemented.

As a side note, Golden Rule's projected medical loss ratio is 80.2 percent and is consistent with the Iowa Insurance Division's projections.

In the event that the medical loss ratio dips below 80 percent with the revised rate, affected Iowans could receive a rebate under Federal law.

The average rate premium increase is around \$33 a month. In other words, \$347 is approximately the average current premium and the new premium, then, would rise to approximately \$380 based on the average of all members, age groups, and benefit plans.

The Consumer Advocate has received two comments and concerns directly from policyholders or members of the public. Like most who are subject to proposed rate increases, the comments focused on affordability specifically due to the challenging year, and the comments were based on the notification of the 25 percent rate increase.

Due to the length of time Golden Rule has offered individual policies, many of those policyholders have seen steady increases in their

Golden Rule plans over the years. These affected Golden Rule pools have been receiving rate increases every year to every other year, which has led to some premiums ballooning from their original rates and an overall rate increase fatigue.

One policyholder commented in part, "I pay more for health care than I spend on my mortgage.

Soon every dollar I make will go to health care."

Both comments expressed frustration and affordability concerns. Many are small business owners often that have no choice but to purchase coverage privately and they do not have employers to provide coverage and their operations may be too small to include employees who would allow for the purchase of a small group plan.

This means some small business owners are left with a choice of finding a way to pay for the increased rates which means taking up additional employment, leaving small businesses, or dropping coverage.

So to summarize, without the rate increase Golden Rule is facing a medical loss ratio of 82 to 85 percent. If the revised actuarial rate increase of 9.5 percent is approved, the projected loss ratio decreases to 70 to 78--75 to 78 percent.

The comments received and posted as of August 23rd have been included in my testimonial report that has been given to the Commissioner.

However, comments may continue to be received until the Commissioner makes the final decision on the proposed rate increase. Any additional comments received before the Commissioner's decision, but after the presentation of the consumer testimony, will be recorded on the public rate hearing website.

And I believe we do have one person here to comment on the Golden Rule policy.

You may go up to the microphone.

COMMISSIONER OMMEN: Thank you,

Ms. Sellmeyer. Before the consumer provides some additional thought, one of the--as I look through this record and examine the recommendations--I mean, clearly over these last number of years since we've been addressing these increases, that the effort--because of the fact that--the Federal Government set 80 percent as essentially the target medical loss ratio and that seems to be where Golden Rule has been nearly every year.

I was certainly pleased and interested in the work associated with getting that reduction. You know, those aberrations in expenses really have to be kept in mind and I applaud the work of the actuary that discovered that, made that, and then negotiated the difference.

today.

I guess my only question really relates to the increase that is used by this process to set hearings. And it's my understanding--I did have it in front of me, I don't have it in front of me now, but it's my recollection, and I'm going to use a phrase "medical inflation," but that was 5.4 percent, is my recollection this year. Is that correct?

MS. SELLMEYER: Yes, that is correct. So everything over that is subject to the hearing here

COMMISSIONER OMMEN: Yeah. And again, I appreciate again all the work that went into this by you as you gathered the information and also the actuarial work that went into it.

Yes, 5.4 percent.

I mean, I continue to be troubled by what I see in these groups. These are closed blocks and I think we're going to be dealing with these above inflationary pressures every year, but I certainly appreciate your testimony and with that we can--I will receive any additional public comments that have been offered.

Before I do that, I know I heard a note,

again, about companies being present. It's my understanding that Golden Rule had intended to be there, but now is not able to be there; is that accurate?

MS. SELLMEYER: Yes, that is correct.

Unfortunately the person--the individual from Golden Rule that was going to be present had a death in the family and that funeral was this morning. So she apologizes for not being here.

COMMISSIONER OMMEN: All right. And oftentimes, I mean, their comments trigger questions, but certainly we're all sympathetic to those circumstances and understand.

So with that, Ms. Sellmeyer, again in my-from my remote seat here, if you could assist in
directing the public comment and I'm pleased to hear
that at this time.

MS. SELLMEYER: Yes. We have one individual here in person and then we will go to those that are online that may have a comment.

If you are online for Golden Rule, please use the raise your hand feature or the chat feature on Zoom to put that in the chat so that we know that you want to make a comment and then we will let you--we will unmute you at that time to make that

comment when it's your turn. So thank you. We will start with the individual here in the room.

Can you please state your name and then you may give your comment, please.

MR. ALEC JOHNSON: Thank you. My name is Alec Johnson. I use he/him pronouns and I'm a proud member of Iowa Citizens for Community Improvement.

I've also been a victim of United Health's stinginess. They call themselves the Golden Rule.

Now, I understand the Golden Rule means do onto others as you would do onto yourself and I think they're misnamed. So perhaps they ought to change their name to be something a little more honest.

But at any rate, these rate increases seem to me to be absurd, certainly the 25 percent. I'm glad that you've reduced it down. I don't know what a medical loss ratio is but it sounds like, I don't know, bureaucratic speak for them actually having to pay money for health insurance.

Okay. The other thing I'd like to point out, I don't know if the Commissioner is aware that United Health has been sued under Federal anti-racketeering statutes in the past and I don't think they've particularly improved very much, so...

I'm hoping the Commissioner will take a very

jaundiced view of this jaundiced organization when he 1 2 makes his final determination. 3 And that's the end of my comments. Thank 4 you. 5 MS. SELLMEYER: Thank you, sir. 6 Do we have anyone online that's indicated 7 that they have a Golden Rule comment? 8 MR. RULLESTAD: I do not believe so, Sonya. 9 MS. SELLMEYER: Okay. It looks like that is 10 the only comment with regard to Golden Rule. Thank 11 you, sir. 12 COMMISSIONER OMMEN: All right. Secondly I 13 will call the matter of Wellmark, Incorporated, 14 pre-ACA plans. Wellmark operates under two entities 15 and this is the entity associated with some of their 16 pre-ACA plans. 17 So I'm going to again begin with Sonya 18 Sellmeyer, our Consumer Advocate. If you could, 19 please, provide an overview of public comments that 20 we have received as well as any additional thoughts 21 concerning the work that was done by the regulators 22 within the Division. 23 MS. SELLMEYER: Thank you, Commissioner. 24 Again, the procedure today is set forth in Iowa Code,

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Section 505.19.

17 The Consumer Advocate Bureau was notified in 1 2 June of 2021 that Wellmark, Incorporated, was seeking 3 a proposed average rate increase of 4.7 percent. 4.7 percent increase varies between plans with a low 4 5 of 3.6 and a high of 5.9. 6 The 4.7 percent average applies to various 7 blocks of business exhibiting current loss ratios 8 exceeding that 80 percent. All of the plans affected 9 are either grandfathered or transitional plans for a

Their proposed rate increase would become effective January 1, 2022, if approved.

total of 38,000 Iowa covered lives.

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As the amount proposed exceeded the current average annual rate health spending growth rate of 5.5 percent, the Consumer Advocate solicited comments regarding the proposed increase.

And, again, please keep in mind the actuarial review that is done by the Iowa Insurance Division with regards to these policies.

Using the actuarial process described previously, the actuarial teams found the following:

Past loss ratios for this block have averaged around 85 percent over the last 7 years;

In the absence of a rate increase for calendar year 2022, the Iowa Insurance Division

projects loss ratios in the average -- in the range of 1 2 86 to 88 percent, depending on the experience base 3 utilized. 4 COMMISSIONER OMMEN: Ms. Sellmeyer? MS. SELLMEYER: Yes? 5 6 COMMISSIONER OMMEN: Again, I assume my mic 7 We had a comment, frankly a question to some 8 degree, from when we were--on the Golden Rule 9 comments. One of the questions that was raised was 10 this concept of medical loss ratio. I mean, it does 11 sound like bureaucratic jargon. 12 Again, I would offer to those participating 13 in this hearing today, it is a standard of 14 measurement that was set by the Affordable Care Act. 15 And what it requires is that when you look at the 16 amount of claims that are paid, you measure those in 17 a ratio, that is claims paid out. That is what, in 18 this case, Wellmark would be paying out in the form 19 of claims payments to policyholders, is then ratioed 20 against the total amount of premium that is 21 collected. 22 So at an 80 percent medical loss ratio, 80

So at an 80 percent medical loss ratio, 80 percent of the money that is being brought in in the form of premium is being then, in turn, paid out.

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What the 20 percent balance is, it's going

to be a measure of the risk that the company holds as well as the cost of administering the plan. And so what the Federal Government did under the Affordable Care Act, they said, "If you go under that 80 percent you're required to make refunds, in essence, to consumers."

So, again, in response to an earlier question--I didn't know, Ms. Sellmeyer, whether you were going to address it but maybe that would help for some of the participants as they listen to your presentation.

So with that--again, sorry for the interruption--you may proceed.

MS. SELLMEYER: Thank you, Commissioner. I appreciate that.

With the current high loss ratios and the consistent growth of claims, the Iowa Insurance Division's 2022 projected loss ratios range from 82 to 84 percent--so above that 80 percent--after the 4.7 percent rate increase is implemented;

After adjustments are made to account for taxes, license, and fees in the Federally-prescribed medical loss ratio formula, the 2022 projected medical loss ratio ranges from 86 to 88 percent after the increase is implemented. This is achieved by

using a minimum trend rate and a higher trend rate is justified.

In the event that that medical loss ratio dips below 80 percent with the revised rates over that three-year rolling basis, that's when that rebate would come into play under Federal law.

The average premium increase is around \$25 a month, or 532 is the average current premium, it would increase to approximately 557.

The Consumer Advocate has received 29 complaints from policyholders and members of the public. Like most who are subject to proposed rate increases, the comments focus on affordability.

Due to the length of time Wellmark has offered individual policies, many of these policyholders have seen steady increases from their Wellmark plans over the years. These affected Wellmark pools have been receiving rate increases every year to every other year, which has led to some premiums ballooning from their original rates in an overall rate increase fatigue.

One policyholder commented: "I am extremely frustrated by the cost of insurance. My husband and I pay \$1,456.95 each month. That's over \$17,000 a year for coverage. Neither of us take prescription

meds or have any health conditions.

"Every year our insurance has a huge increase. From 2020 to 2021 our monthly insurance premiums increased \$156.50 per month. We both have our own small businesses so we pay the entire amount.

"We both have felt huge financial impact over the last two years due to COVID and would love to see a decrease in our premiums.

"There has to be some drastic changes made.

I am tired of paying for everyone else's poor health.

We should be rewarded for having excellent health.

We both have a concerted effort to stay healthy, but what can you do as a company to reward us?"

In summary, the actuarial summaries show that without a rate increase as requested by Wellmark, they are facing a medical loss ratio between 86 and 88 percent.

The comments received and posted as of August 23rd have been included in this testimony report as required by Iowa Code 505.19(3) and have been given to the Commissioner. However, comments may continue to be received until the Commissioner issues a final decision on the proposed rate increase.

Any additional comments received before the

1 Commissioner's decision, but after the presentation of the consumer testimony, will be recorded on the 2 3 public rate hearing website. 4 Thank you, Commissioner. COMMISSIONER OMMEN: 5 Thank you, 6 Ms. Sellmeyer. 7 Again, at this time I'll hear any additional comment from Wellmark, Inc., if they wish to provide 8 9 it. 10 Ms. Sellmeyer, do we have any representative 11 from Wellmark in attendance? 12 MS. SELLMEYER: No, we do not, Commissioner. 13 COMMISSIONER OMMEN: All right. With that 14 we will move to other public comments. So I will 15 hear any additional public comments. 16 Again, I will hear all public comments but 17 my attention is specifically drawn to individuals 18 that are in these plans. But with that, I'll hear 19 any public comments that folks would like to make 20 with regards to this rate increase. 21 MS. SELLMEYER: Go ahead. Can you state 22 your name? 23 MS. JENNY TURNER: My name is Jenny Turner. 24 My pronouns are she/her, and I am an Iowa CCI member.

I'm also a public school speech therapist.

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My students have special education and many health needs that go along with that and they are mostly low income. Their parents have jobs in food service, construction, retail, and they do not have employer-provided health insurance.

The only way that they can have health insurance is to be in one of these individual plans, whether it be this one or an ACA plan, and that's the only way in those cases for these people to meet their kids' significant health needs.

These families have been some of the hardest hit during the pandemic. They have gotten sick because they've been working on the front lines, they've lost jobs, and some of them have become disabled from long COVID.

An increase in their premiums will push some of them out of health insurance plans and they will no longer have health insurance. Their kids will not be able to receive preventative care, early care. They'll have to wait for--until they need to go to the ER and those kids will come to school sick and they will make other kids sick and our school will be traumatized by lost parents and lost classmates.

These kids need their community to care about them. They need you to care about them,

Mr. Ommen. The insurance companies will be just fine without an increase this year but my school community will not.

Please do not approve increases. Thank you.

MS. SELLMEYER: Thank you.

Can I just say real quick, if we could lower the noise in the room, that would assist in myself being able to hear. If you need to talk, if you want to go outside in the hall, that's fine. Thank you.

MS. BETTY SALMON: Hi. My name is Betty
Salmon and--she/her, and I am a proud member of Iowa
CCI.

I'm speaking today in general on ACA policies. I'm a retired professional, I've been retired several years, and I'm probably in a group that we would call privileged. But what I do is I do a lot of volunteering to try to give back.

I've had five years of volunteer experience with SHIIP, which is the Senior Health Insurance Information Program, that deals with Medicare options and people that are eligible for Medicare and what their options are. I no longer volunteer with them but I had quite a few years of experience in the area where I live.

So I saw people in the suburb where I lived

that were coming in to see when they could get onto Medicare and what their options would be. These are people that, you know, we would think would be very comfortable, but I was very surprised by what I saw from these ACA recipients.

Many of them are freelancers, they're entrepreneurs, they're not with a group plan, they're trying to--they're proud members of our community.

They're trying to get started.

I was really astounded by how much they were struggling. And when I heard how much they were paying for their premiums compared to other people that I would see that were pre-Medicare that came in on group plans, I could not believe they could survive on that. I know that I couldn't survive by paying premiums like that and still having those high deductibles to pay on top of it.

They were always trying to stay positive, they were very hard working, but you could tell they were just teetering on the edge and couldn't wait to get into Medicare to help relieve them of these huge premiums they were paying.

I feel like the premiums with ACA are totally out of proportion to these people's income.

And when I was seeing these people, this was

pre-COVID. So considering what's going on now with people's health and the issues they've got and then what's happened to their income, interruptions to their income, I think this is the time to make big exceptions to the rules that we're using for these increases.

So what I'm doing today is I'm appealing to your humanity because I've seen that these are real people. I've seen them time after time. I go home. I continue to think about them and why they had to be in this situation that they were in. When you talk to people for an hour, like I did, you get to know them some, and then you follow up with them later and it's hard to rationalize why they are where they are.

So I appeal that you make this more than math, that you make this--you make an exception. We're smart and I think we're better than this, we can do better than this. We can't make math the only factor here. This is way too big of a hardship for these people and it really, actually, hurts all of us when we treat this segment of people this way.

Thank you.

MS. SELLMEYER: Thank you.

Is your comment with regard to Wellmark the pre-ACA policy? Okay. We'll discuss the ACA policy.

That's the last one on the agenda. Thank you.

MS. SHARON JOHNSON: My name is Sharon

Johnson. I'm a member of CCI. I have several pages
of online comments of the reaction to these proposed
insurance hikes and I'm just going to share three.

This is from Norma in Muscatine. "This is getting ridiculous. We already pay \$183.58 per week. That's already \$9,546.16 a year, and you want us to pay even more? Not to mention this is just the premium and I'm still paying \$48 per office visit. I had to pay over \$200 for an ultrasound I needed.

"We are already paying in more than what we are getting in return. Since when has medical insurance companies become a for-profit business?"

This is another one from Donovan in Fairfield. "Despite solid revenues during the COVID-19 pandemic, Wellmark Blue Cross/Blue Shield is proposing upwards of a 21 percent premium increase for their ACA individual plans for 2022. These skyrocketing increases impact nearly 60,000 Iowans who rely on these plans. United Health Care has their own proposal to increase rates by upwards of 25 percent. It's up to the Iowa Insurance Division to step in and deny their proposed premium increases."

And one more from Cory in West Des Moines.

"I pay more to Wellmark every year than I utilize in medical costs for me and my family. With the amount of profit made by the medical insurance industry there is no reason for another hike in rates like this.

"As if we didn't have enough reason to begin in the second secon

"As if we didn't have enough reason to begin with, this is exactly the reason why we need Medicare for all. Go ahead and raise rates again and show the American people why insurance in the private sector and the greed that comes along with it needs to go."

Thank you.

MS. SELLMEYER: Thank you.

COMMISSIONER OMMEN: Ms. Sellmeyer, any additional comments?

MS. SELLMEYER: Yeah, do we have anyone online who looks like they want to make a comment? Again, if you are online, if you want to put in the chat that you would like to make a comment with regard to this policy group, that would be appreciated.

COMMISSIONER OMMEN: This is the

Commissioner. I appreciate all of these comments for certain. And at the same time--in my closing comments I can remind people, but I'm just going to take a moment to remind individuals that the way the

Affordable Care Act market is structured in the individual market is very different than the particular matter that I'm considering here with regard to pre-ACA plans.

The individual market is heavily subsidized. There's premium assistance available. We call them advance premium tax credits. Nearly everyone in that market now--it's not everyone, but nearly everyone that is in that market is now drawing down Federal tax credits and they're advance tax credits. So those are tax credits that actually don't need to directly go through the consumer but are paid directly by the Department of Treasury in order to offset some of these very high rates that we find in the ACA.

So for the moment it would help me in better understanding what your concerns are is if you could for the moment, if you have concerns about the pre-ACA plans, to limit your comments to those because as Ms. Sellmeyer mentioned, we'll come back to the ACA plans as I, again, try to understand and appreciate what you're offering in terms of comments.

So, again, I'm happy to hear any comments online.

MS. SELLMEYER: It looks like we may have

two people that would like to make a comment on the 1 2 Wellmark pre-ACA plan. 3 COMMISSIONER OMMEN: Thank you. 4 MR. RULLESTAD: There was a woman with her 5 hand raised 30 seconds ago, but she's no longer 6 listed as such. 7 MS. SELLMEYER: It looks like--Mary. Mary, 8 do you have a comment you would like to make? 9 MS. MARY BURKE: Not for this section. MS. SELLMEYER: Okay. Thank you. 10 11 Steven, would--did you want to make a 12 comment? You can unmute yourself. 13 MR. STEVE STEFFEN: Yes, please. 14 MS. SELLMEYER: Thank you, Steven. Go 15 ahead. 16 MR. STEVE STEFFEN: I've been self-employed 17 for a number of years here and have a pre-ACA plan 18 that I've had in place since 2008. It's a 19 high-deductible HSA plan. And since that plan was 20 implemented, my premium has gone up 321 percent. And 21 during that same time, in order to keep the premium 22 to a minimum, I've had to essentially double my 23 deductible. So it's basically a catastrophic plan. 24 So all of my health care costs are basically out of

my pocket because I never get above my deductible.

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But I guess my question is when is enough enough? After 321 percent--and now they're asking for another--well, in my case it's the 5.9 percent, it's the high end on the Wellmark proposal or ask.

I understand and appreciate the costs that these insurance companies are paying for health--to health care providers, but is anybody analyzing the health care system costs themselves and how to minimize them?

I had an instance here with my elderly mother who is a Medicare--who is on Medicare and she's had some health issues over the years and she's gone from one health care provider to another, to one referral after another, to taking a fistful of pills for breakfast every day and her health care continues to deteriorate, not improve.

I found a health care provider who is not covered under any type of medical insurance. At the end of June her grandson got married and she went to that wedding in a wheelchair. I found this other health care provider and after three visits, she's up and walking pain free.

But all those costs had to be out-of-pocket because it's not covered by any type of insurance program or Medicare. So who is--my question is who

is overseeing the health care providers and the pharmaceutical industries that are causing all these costs? These costs can be controlled if you can control the health care system itself. Nobody is up--all this talk today is talk about statistics and costs, but who is controlling the costs is my question?

There seems to be no regulation or any type of oversight on the health care system itself. So what can be done to get control of the costs itself to control what the insurance premiums are? I guess that is my question. It seems to be a train running off the rails here because nobody is managing the cost itself, and that's my concern.

COMMISSIONER OMMEN: Mr. Steffen, again this is the Commissioner. Thank you very much for your comment as well as your question. It's certainly--my role is primarily to evaluate not how to regulate the costs, but whether or not based upon the costs and the claims that the carriers are paying out, whether or not the premium that they're asking for is fair and reasonable.

I don't have the authority to just simply be arbitrary. I mean, I have to have reasons for my opposition to any increase that they are able to

substantiate.

But to your question, it's a very important question and I'm not dodging it, I'm going to try to provide an explanation to you so you can better understand what all of us that are in this business of health insurance are struggling with and I'm going to use approximations.

But you could say about a third of the-about a third of the dollars that flow into the medical providers are coming from a Medicaid system, a little over a third are coming from a Medicare system. The Medicaid system is administered by the State and then it's been done through contracts with some third-party administrators, also known as insurers, to help try to manage down, negotiate down those costs that you were talking about, listed as provider costs.

And then you have Medicare which is primarily administered by the Federal Government similarly trying to negotiate down those costs. And the Medicaid negotiators consider what the Medicare negotiators are able to get.

And then you have the balance. Again, it's fair to describe it as about a third that are in this more--what's more commonly known--I'm sure it's more

than a third because if you add the self-insured groups, there's a large component of self-funded or private companies funded system and they're negotiating. Now, they're usually negotiating through, again, what we call insurers like Wellmark.

And then you've got what I oversee, which is that much smaller piece of what is the fully-insured market.

My point of trying to answer the question is there are a lot of individuals, a lot of people with pencils always trying to negotiate and they're always looking at what the other segments of the market are charging.

But the reality is that it's not all government. There's a lot of government negotiation going on in the government-paid sector; there's insurance company negotiation; and then to some degree for large companies they're able to also directly impact those negotiations.

The negotiations are not just on price of service, they're on benefit design. That's why when we're talking here about your plan, your benefit design is becoming less and less benefit driven.

It's becoming price driven and that is a real struggle because there are other systems, like a

self-funded system, where you're often going to find more benefits available because there are employer/employee benefits in giving people health benefits rather than salary. There's tax-related issues.

The last thing I would offer is we're talking about the ACA market. In anticipation of that discussion is in the individual market it's heavily—it's heavily funded now by these tax credits. The small business market is not funded that way and what we have found is both in what we call grandfathered plans, like what you have, in the small group market they're more stable. And the reason they're more stable is because under Federal law, small group plans can continue to add employees.

But for those of you that are in these grandfathered plans, it's a closed block. That means as people age and as their claims get higher, and as the prices associated with the claims side change, the insurance companies are not permitted to add new younger people to offset that.

And I heard some earlier comments about "Well, I don't get out of the system what I put into the system." That's usually how insurance works.

It's the people that don't have the fire, don't have

their house burned down, they cover the costs of the people who do have their house burned down. And that's the way the insurance market has always worked.

I think people are very frustrated because of all of these--you have these transition plans, you have the grandfathered plans, and then you have a pretty heavily subsidized individual market.

So, again, I didn't really answer your question other than to say there are a lot of folks that are working on trying to keep the costs--the underlying costs down. I go to a number of meetings with others to do that, but the reality of a lot of that is being handled in negotiation between, as I said earlier, these very big buyers of health services.

MS. SELLMEYER: Thank you.

MR. STEVE STEFFEN: May I make one more comment?

COMMISSIONER OMMEN: Please do.

MR. STEVE STEFFEN: I guess, you know, I'm not just talking about costs. I'm talking about the system in general. I'm talking about western medicine in general. You go to countries like Asia and so forth, they don't have heart disease issues

like we have in the western world and western medicine and it's due to the western medicine practice. It's due to how they conduct their treatment.

You go to a doctor these days and it's "Yeah, here. Take this pill and go home." They're treating symptoms, they're not treating the cause, they're not curing.

So my question is more broader in that the costs are getting out of control because of the health care system itself, not because of--you know, that's where the costs are going out of control. So that's what needs--in my mind that's what needs to be addressed, is the health care system in general and how we address health care. Otherwise, it's just going to keep going out of control here. I don't see any other solution.

COMMISSIONER OMMEN: Understood,

Mr. Steffen. I've received your comment. I don't

have any particular response at this point but I

appreciate the concern and I certainly can understand

why you have that concern. Thank you.

Ms. Sellmeyer, any additional comments from members of the public?

MS. SELLMEYER: No, it doesn't look like

there's anyone else on the internet feed.

It doesn't look like there's anyone on the phone; correct?

MR. RULLESTAD: Correct.

MS. SELLMEYER: I do want to read one comment into the record. The gentleman was going to call in this morning and I don't see that he's made it onto the line. I've been in continual contact with him and I promised him I would read in his comments if he wasn't able to get on.

So this is Kevin. "I've had this policy through Blue Cross/Blue Shield for 12 to 15 years and the premiums started out at \$110 a month. My rates have increased from 110 to over \$500 a month.

This is the first time I have publicly commented on this. I have been told by a retired agent not to give up this policy but raising the rates is above and beyond the amount they should increase. We should pass this year due to COVID. The Commissioner has a responsibility to not raise the rates which will help people down the road."

And I believe that's all the public comments with regard to the Wellmark, Incorporated, Blue Cross/Blue Shield pre-ACA policies.

COMMISSIONER OMMEN: Thank you,

Ms. Sellmeyer.

All right. I'll now call the matter of Wellmark Health Plan of Iowa pre-ACA plans. And, again, this is the other part of Wellmark that is involved in the pre-ACA market, again the grandfathered and transition plans. So I'll begin this with hearing again from Ms. Sonya Sellmeyer, our Consumer Advocate.

MS. SELLMEYER: Thank you, Commissioner.

The Iowa Insurance Division was notified in June of 2021 that Wellmark Health Plan of Iowa was seeking a proposed average rate increase of 10 percent for all benefit plans, except for one plan that was receiving zero percent increase. This pre-ACA plan affected either grandfathered or transitional plans, like the Commissioner mentioned, for an approximate total of 850 covered lives. And, again, these are closed blocks of business. They are no longer taking in new policyholders.

The proposed rate increase would become effective January 1, 2022, if approved. As the amount proposed exceeded the most current average annual gross spending rate of 5.4 percent, the Consumer Advocate solicited comments regarding the proposed rate increase.

And, again, using the actuarial process I described previously, the actuarial teams found the following:

Past loss ratios for this block of business have averaged around 90 percent over the last seven years;

In the absence of a rate increase for the calendar year 2022, the Iowa Insurance Division projects the loss ratio in the range of 97 to 102 percent depending on the experience base utilized;

Iowa Insurance Division trend models justify a trend growth rate of at least 10 percent based upon a review of the per member/per month claims and the adjusted calendar year loss ratios;

With the current--high current loss ratios and the consistent growth of claims, the Iowa Insurance Division's 2022 projected loss ratios range from 88 to 93 percent after the 10 percent rate increase is implemented;

After adjustments are made to account for taxes, license, and fees in the Federally-prescribed medical loss ratio formula, the 2022 projected medical loss ratio ranges from 90 to 96 percent after the increase is implemented.

In the event the medical loss ratio dips

below 80 percent, that's when that refund comes into play as we've discussed as a rebate under Federal law.

The average premium increase is approximately \$30 a month taking the current average premium from 297 to 327.

The Consumer Advocate has received 14 comments and concerns directly from policyholders or members of the public. Like most who are subject to proposed rate increases, the comments focus on affordability. These affected Wellmark pools have been receiving rate increases every year to every other year which has led to some premiums ballooning--ballooning, sorry, from their original rates to an overall rate increase fatigue.

One policyholder commented "We highly protest yet another rate increase. The cost of insurance is increasing at a higher percentage than wages are increasing. In eight short years we have seen over a thousand dollars in increased cost. This is not a justifiable reason to take this increase. When does it stop? Please do not allow this increase."

While another commented "While I understand health costs are increasing, we cannot keep

incrementally increasing insurance costs. It is a struggle for some to even have health care, let alone pay for increasing rates. Sole proprietors who are struggling to recover from the pandemic will take the brunt of this. As a tax preparer, I can tell you that people are struggling and this is one more thing that they may choose to go without because they cannot afford it."

The actuarial summaries show that without a rate increase for the calendar year 2022, the Iowa Insurance Division projects a rate--loss ratio from 97 to 102 percent.

The comments received and posted by August 23rd have been included in this testimony report as required by Iowa Code and they have been given to the Commissioner. However, comments may continue to be received until the Commissioner makes a final decision as--with regard to the proposed rate increase. Any additional comments received before the Commissioner's decision but after the presentation of the consumer testimony will be recorded on the public hearing website.

Thank you, Commissioner.

COMMISSIONER OMMEN: Ms. Sellmeyer, I obviously have a lot of material in front of me on

this matter as well. One of my concerns about this 1 2 is that the way I read the report is we're down to 3 850 members in this particular segment of the market. 4 Is that--and, again, if Wellmark were here, and I 5 will be directing my questions to them, but just to 6 confirm, I think it's 850 members and I guess my 7 question is was there any consideration given to 8 basically weighting this? I know the law allows and 9 usually involves pools, but when you're getting down 10 to 850 people, it starts to be a little less than, I 11 guess I would describe it as, credible.

So I'll give you an opportunity for response. I know you're not Wellmark. This question really needs to be directed to them and I will direct it to them but, I mean, do you have any thoughts on that?

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MS. SELLMEYER: My thought is, yes, I would like to hear Wellmark's response to that as well because I agree, you know, with your analysis on that. The prior year was a thousand policies, so they have dropped approximately 150.

commissioner ommen: Right. And, again--I mean, that goes to my opening comments. I mean, for these grandfathered and transitional plans, I mean, that's going to continue to be the issue for those

that are in it, is you're left with a smaller number 1 2 of people and it becomes more and more difficult, just to be frank. I mean, that's--we started to see 3 4 this years ago and every year we see a decline. Anyway, thank you, Ms. Sellmeyer. With 5 6 that, I've already asked--I assume there's no one 7 here from Wellmark Health Plans to address my 8 questions publicly? 9 MS. SELLMEYER: Yes. 10 COMMISSIONER OMMEN: But with that, let's go 11 ahead and move to any additional public comments on, 12 again, these 850 pre-ACA plans. 13 MS. SELLMEYER: Is there anyone in the room 14 who would like to make a public comment on this 15 pre-ACA plan? 16 Yes, we do have one person in the room. 17 Can you state your name first? 18 MR. MATTHEW COVINGTON: Yeah. Matthew 19 Covington. I live here in Des Moines. I'll keep 20 this very brief. 21 Just so it's brought up again, I, too, wish 22 that Wellmark were here. As to that, I think 23 everyone here wishes that Wellmark was here. At 24 least United Health Care has what I would consider an

excused absence and I'm glad that they informed you

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of that.

I personally am disappointed they are not here to hear the Commissioner's questions or our questions.

Thank you.

COMMISSIONER OMMEN: Thank you, sir.

Any further public comments on the pre-ACA pool or market that we're describing here for Wellmark?

MS. SELLMEYER: I don't see anyone online that would like to make a comment, Commissioner.

COMMISSIONER OMMEN: All right. So I will conclude that segment of the hearing.

And with that let's move to Wellmark Health Plan of Iowa ACA plans. I know I've heard earlier comments and for those that are here I will consider those comments as well. But let's go ahead and move to the Wellmark ACA individual market plans.

And with that, again I'm going to call on Sonya Sellmeyer to provide to me, again, publicly information that has already been provided to me privately with regard to information that you've received from consumers as well as your analysis of the actuarial reviews.

So with that, Ms. Sellmeyer.

MS. SELLMEYER: Thank you, Commissioner.

Again, the Iowa Insurance Division was notified in June of 2021 that Wellmark Health Plan of Iowa was seeking a proposed average rate increase of 12--sorry--11 percent on their ACA block of business. All of Wellmark's Health Plan of Iowa's ACA plans are affected with a rate increase ranging from 3.8 percent to 21 percent for a total of approximately 36,000 covered lives. Their proposed rate increase would become effective January 1, 2022, if approved. As the amount proposed exceeded that 5.4 percent, I solicited for consumer comments.

Additionally, using the actuarial process previously described, the actuarial team found the following:

Recent loss ratios on this block appear to have been depressed due to the COVID-19 lockdown which occurred over much of 2020 and the early parts of 2021. However, second quarter loss ratios in 2021 have clearly ticked back up and are converging on the 85 percent level;

In an effort to deal with the effects of the low loss ratios projected in 2020 and 2021, the company implemented a significant rate decrease of over 42 percent for the calendar year 2021. Please

note that this is to date the largest rate decrease on record in Iowa since the passage of the ACA;

In the absence of a rate increase for the calendar year 2022, the Iowa Insurance Division projects loss ratios in the range of 86 to 87 percent depending on the growth base utilized;

Iowa Insurance Division trend models justify a trend growth of at least 7 percent based on a review of the per person--per member/per month claims and adjusted loss ratios;

With the current loss ratios and the indicated growth of claims, the Iowa Insurance
Division's 2022 projected loss ratio is approximately 78 percent after the 11.1 rate increase is applied;

After adjustments are made to account for taxes, license, and fees in the federally-prescribed medical loss ratio formula, the 2022 projected medical loss ratio is approximately 81 percent after the increase is implemented. If relying only on the Federally Required Uniform Rate review template, the projected loss ratio is over 90 percent. The Federal Unified Rate Review template and the Iowa Insurance Division's Assister template utilize different experience periods and so this explains the difference between the two projections.

In the event that the medical loss ratio dips below 80 percent with the revised rates over a three-year rolling basis, affected Iowans could receive that Federal rebate.

The average premium increase is around \$70 a month. So that takes the average premium of 628 up to 698.

The Consumer Advocate has received 25 comments and concerns directly from policyholders and consumers. Like most of those who are subject to projected rate increase, they focused on affordability.

One policyholder commented "I just got this insurance two weeks ago and I'm already receiving something stating that this is going to go up. I don't get a tax break on it and it already costs so much that very little benefits will come with it. I have medical issues and chose to get insurance on the marketplace for it. It is unfair to see it go up that much already. Please do not raise rates that much or at all."

Another commented "I am not for a premium rate increase to 11.1 percent. It seems people who are making the decision does not understand mid-class has been--taken enough hits financially. I do not understand why we are responsible for the medical

trend, government fee and taxes, and administrative expenses. Find another source."

In summary. The actuarial summaries show that without a rate increase for the calendar year 2022 the Iowa Insurance Division projects a loss ratio from 86 to 87 percent.

The comments received and posted as of August 23rd have been included in the testimonial report as given to the Commissioner and is required by Iowa Code. However, comments may continue to be received until the Commissioner makes his final decision.

And that concludes my testimony for that, Commissioner.

COMMISSIONER OMMEN: All right. Thank you, Ms. Sellmeyer.

Rather than questions, again I just have some observations about my responsibilities in reviewing these rates. Before the ACA, the benefit designs were different. I mean, you could get different types of benefit designs. With the passage of the ACA and the implementation, we added requirements regarding essential health benefits. It really created a lot more uniformity in terms of what was required.

There are different medal levels, as they're described; that is, different--basically different benefit coverage, but by and large the essential health benefits made uniform the requirements under Federal law what is covered.

But the point of that is that this market is still developing in terms of price. I can just tell you, again, I've been with the Division since 2013 and I know from pre-ACA rates to the rates that we saw last year or even maybe the year before, we had a tripling, which is a 300 percent increase, in terms of the costs. A lot of that had to do with the change in benefit design.

That is, as more people are participating in plans that have more benefits available, those rates go up. It actually, frankly, relates a little bit to the earlier question about what about the price that is the provider cost and how is that being impacted by these benefit changes.

But then last year, just to make clear, it's my understanding what you just said is that Wellmark actually filed a 42 percent reduction in rates. Did I understand you correctly?

MS. SELLMEYER: Yes, that is correct, Commissioner.

COMMISSIONER OMMEN: So last year, they--again, I don't review the reductions but they

reduced it by 42 percent and now they're asking for,

on average, an 11 percent increase this year?

MS. SELLMEYER: That is correct. And that 42 percent decrease was a record with regard to the ACA policies in the State of Iowa.

COMMISSIONER OMMEN: And then, again, I mean, I know due to COVID the Federal Government through Congress has now expanded--this is a really complicated market for me to regulate because of the impact of these advance premium tax credits. I would estimate it's probably 85, 90 percent of the total premium being paid is now being paid directly by the Department of Treasury in the individual market here in Iowa.

So it's just really hard for me to assess the impact on consumers when consumers now under current Federal law are really only receiving the impact of 10 percent of their income. That is, these rates that I'm approving are really not felt by the vast majority of people. In fact, under Federal law any individual who wishes to participate in this market is now eligible to subsidies so that they don't have a price experience of anything in excess

of 10 percent of their income.

And I know that that's changed from maybe when some of these commenters--what they experienced last year because last year was up to 400--the subsidy was available up to 400 percent and we've seen that. I mean, we saw 25,000 people leave this market back in 2008 when the prices really escalated.

And so, again, I would just offer that this is a very difficult perspective for me to have when most Iowans are not really impacted by these price changes.

But, anyway, with that I'll go ahead and open it for public comment.

MS. SELLMEYER: I believe we have one person in the room that would like to make a comment--

COMMISSIONER OMMEN: Yes.

MS. SELLMEYER: --more than one.

MS. SHARI HAWK: My name is Shari Hawk, and she/her pronouns, and I'm a proud member of Iowa Citizens for Community Improvement.

Our neighbors have suffered the most at the hands of this pandemic and they will be hurt the most by these increases. People who are facing evictions, who are visiting food banks, deciding whether to pay insurance premiums or put food on the table for their

families will now also be burdened by an increase in these premiums.

Just take a look at the public comments that have come in from affected policyholders. People are struggling. And these people who make modest incomes are certainly going to be far more impacted than the millionaire CEOs at Wellmark and United Health Care.

Why did their administrative expenses increase upwards of 28 percent from 2019 to 2020 as is the case with the Wellmark Health Plan of Iowa? How much of this increase went towards paying for increased salary for CEO Cory Harris and other high-level executives?

These increases are cruel and for companies like Wellmark who made a profit of over 183 million dollars last year to turn around and gouge more from policyholders and taxpayers is just immoral.

What are these profits used for? Where are they going? One place we know is Wellmark's inconceivably large reserves of over 2.2 billion dollars. Let's remember back in 2013 when WHO-13 reported that Wellmark said they would need their large surplus in case there was a pandemic. That was back in 2013. Well, we've had the pandemic, but their reserves grew by over 174 million from the end

of 2019 to the end of 2020. I don't understand that.

Wellmark and United Health Care's bank accounts are very healthy. Our community is not.

So, Doug Ommen, you must deny this incredibly greedy

Thank you.

and irresponsible increase.

COMMISSIONER OMMEN: Thank you.

MS. BARB KALBACH: Good morning. My name is Barb Kalbach. I'm a member of Iowa Citizens for Community Improvement. I'm also an RN and I currently serve on the Adair County Hospital Board of Trustees.

Regarding Blue Cross/Blue Shield's and Golden Rule's request for premium increases, I would like to speak from a premium payer's point of view.

One of my friends is a middle school teacher for more than 20 years. Her monthly premium for family coverage through Blue Cross/Blue Shield is \$1,200. That is 30 percent of her monthly take-home pay. The 21 percent increase that was proposed would take 37-and-a-half percent of her monthly take-home pay.

I find this outrageous. Be advised this does not include the portion of her premium paid by the school district.

A second friend works for Iowa's Area Education Association. She is paid twice a month. AEA pays a total of \$1,650 towards her monthly family coverage premium and my friend adds another 551 per month, a total premium of \$2,201 per month, and Blue Cross/Blue Shield would like to raise that. So this is the kind of income Blue Cross is raking in already.

On the other hand, I as a board trustee of a critical access hospital am aware of how Blue Cross/Blue Shield reimburses. Though billed fairly for our costs of providing patient care, they are not so generous in paying that bill. Currently Medicare pays about 65 percent of hospital costs for a patient. Wellmark Blue Cross/Blue Shield pays far less.

To close, it is my observation that Blue Cross/Blue Shield is asking to take in a huge amount of money from policyholders but is not so diligent about paying the charges brought to them. I would add that this is an appalling burden for working folk and employers to bear while putting critical access hospitals at risk of closing due to Blue Cross/Blue Shield's refusal to pay cost of care.

Thank you.

MS. SELLMEYER: Thank you. 1 2 MS. CHERIE MORTICE: Good morning. 3 MS. SELLMEYER: Good morning. 4 MS. CHERIE MORTICE: My name is Cherie 5 Mortice. I'm a retired public school teacher and 6 board president of Iowa CCI Actions. My pronouns are 7 she/her. 8 I'm also a grassroots organizer and I've 9 lived on the east side for many, many years. I'm 10 here to relay some messages from my friends, family, 11 and east side of Des Moines neighborhood regarding 12 their experiences with the ACA. Well, the consensus, 13 of course, is rates are too high. East siders would 14 say "rates are too damn high." 15 Some say they have insurance but can't 16 afford to use it. Others say they repeatedly fall 17 behind on rent or mortgage or car payments. With the 18 moratorium on evictions being lifted, more people are 19 fearful of being pushed out of their homes. Some of 20 them are actually considering dropping coverage 21 altogether. 22 The pandemic is amplifying the hardships of

The pandemic is amplifying the hardships of all these people, the cost of groceries has risen, along with the escalating costs of prescription drugs. This hits most of us on a fixed income, such

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as myself, especially hard, too.

Many of my east side neighbors are struggling. Some have lost jobs and others have lost hours. They haven't recovered yet. Sure, there are jobs, but when employers are increasing hourly wages from 10 to 12 dollars it's still not a liveable wage.

Many don't even get PTO if they are sick, of all things, during a pandemic. They tell me they're still treading water, living paycheck to paycheck.

In my east side neighborhood I can literally walk in any direction, north, south, east, and west, and get to a payday lender within a mile. We also have a Wells Fargo and a U.S. Bank in my neighborhood but they refuse to offer small-dollar loans. So when there's an unexpected medical bill, what do my neighbors do? They either drive up their credit card, which they don't like doing, but even worse, sometimes they're driven to payday lenders. And they're doing very well, as a matter of fact.

So when you're trying to make ends meet, here's the reality that many of us don't understand: When you're living paycheck to paycheck, you only have two bad options. You know, some of us have at least one way to escape a debt trap. This is no time for an increase in rates.

I'm especially sensitive to the rate increases that are being proposed. I do have Wellmark Blue Cross/Blue Shield as my Medicare supplement and those rates have gone up every single year. They don't keep up with the cost of living. Certainly the increase of the COLA related to Social Security is inadequate because it doesn't figure in the cost of prescription drugs.

So the cost of my prescription drugs have gone up \$87 a month this year so I'm really in the hole. When you include the cost of increases that I spend on groceries, my Des Moines Water Works bill, my MidAmerican utility bill, you know, I'm not living on a fixed income. I'm living on a deteriorating income, like many of my neighbors.

So, you know, all the formularies, the algorithms, the tools to create rates leave one important element out and that is what are the real needs of people? And I believe that as Commissioner, in your due diligence, you need to be highly aware of the financial pressures on our neighborhoods and communities and base approval of rates on those factors.

The number of students qualifying for free and reduced lunch programs in Des Moines was at 76

percent. They made breakfast and lunch free last year during the pandemic. The superintendent has just reinstated that. That is embracing a moral imperative and I'm proud of him.

You know, to be honest, it really feels like I'm paying more for less and I think my neighbors feel exactly the same way about the ACA and that was true for all of us before the pandemic let alone now. Good medicine is slow and far more personal in nature as opposed to the conveyor belt production that we experience now. Which, by the way, is just as frustrating to my doctors along with the nurses and the support staff. They feel the same frustration.

Wellmark has enjoyed the opportunity to move to a major insurance hub in downtown Des Moines.

Their profit margins continue to reflect enhanced prosperity. And let me remind them, TIF money was part of that deal. Those tax revenues came from workers.

Now it's time for Wellmark to embrace a moral imperative. Do no harm, show compassion and grace for all who are struggling with financial hardships during an historical pandemic.

And let me just remind you of one other thing, Commissioner. You know those subsidies that

you're talking about that people are getting? We all paid for those. They're not free. They came off the back of workers.

What is abundantly clear is this system is breaking consumers and there is a more sustainable way to do this and it begins by changing priorities because your algorithms, your loss, you know, ratios, all of those formulas are not meeting the basic needs of people and this outcry will not stop until things change.

And that means changing your values because we're here today because we're frustrated. Our families are frustrated, our neighborhoods are frustrated, and our communities are frustrated. These continual increases have a domino effect and you're beginning to see some of that momentum here today and I can promise you that it will only increase.

Thank you.

MS. SELLMEYER: Thank you.

COMMISSIONER OMMEN: Thank you, ma'am.

MS. SELLMEYER: I think we have one more comment here at the hearing.

MR. GARY (LAST NAME UNKNOWN): My name is Gary, CCI member, pronouns are he/him, and I'm also a

Wellmark policyholder. Cherie touched on a lot of this.

I want to say two things. It's, like-- One, again, that is our money that's going towards these increases, right, whether it's policyholders that are paying it through their individual plans or whether it's taxpayers.

You know, why should we subsidize corporate greed? Why should we subsidize corporate greed? I'm going to ask it again, right? Because as Cherie said--or as Shari said, Shari Hawk, Wellmark's bank account grew by over 170 million dollars, right, over the pandemic. A lot of people's bank accounts decreased. My bank account decreased. I had to dip into my savings to pay rent when I lost my job, when I lost my health insurance, right?

Wellmark wasn't there for me. Why should we be there for them? 170 million dollars. That is immoral for them to turn around and ask for a 21 percent increase for some plans. That's a slap in the face to every single policyholder when they claim to be a company that is run by policyholders.

That 170 million should not have gone to their bank account. It should go back to the policyholders. It shouldn't be going to Cory Harris'

and other executives' bank accounts, right? So I want us to consider this when making this plan.

And the second thing I want to bring up is we're talking about upticks in health care costs.

They're shutting down elective surgeries in

Des Moines. This pandemic is far from over. The

Delta variant is raging in Iowa and we just had the

State Fair. Over one million people attended that.

Who here thinks that the COVID cases are going to go up after the State Fair two weeks from now?

Yeah. Yeah. So when they're shutting down elective surgeries, what does that mean? That means policyholders cannot use their policies. That means that they are going to be paying premiums without requesting any payments from Wellmark.

This increase, this proposed rate increase is ridiculous, right? And so we're not sitting here saying, like, "Oh, like, make them lose money," right? Or "Make them, like, shut down their doors." We're saying that we want something reasonable, something that's people driven, right?

Like 3 percent, a little over, is what people's wages increased, right? That's the inflation, supposedly.

And, you know, you mentioned that 5.4

1 percent. That's the increase in medical costs, the 2 projected increase in medical costs. Well, then why 3 is Wellmark proposing a rate increase of 21 percent? 4 Why is United Health Care proposing a rate increase 5 of 25 percent? 6 That's all I have to say. 7 MS. SELLMEYER: Thank you. 8 MR. GARY (LAST NAME UNKNOWN): Please do the 9 right thing. 10 COMMISSIONER OMMEN: Thank you, sir. 11 MS. SELLMEYER: Is there anyone that's on 12 the Zoom online feed that would like to make a 13 comment? If so, feel free to put that in the chat or 14 raise your hand by using the reactions button. 15 I do see one comment in the chat. "I am not 16 eligible for Government subsidy." Sorry. It just 17 went away. "I am not eligible for government 18 subsidy. The premium increase is too high for me." 19 Is there anyone else in the Zoom room that 20 would like to make a comment? 21 MR. RULLESTAD: There is one additional hand 22 raised in there, Sonya. I think if you would 23 recognize Kenn and invite him to speak. 24 MS. PAT BOWEN: Hi. This is actually Pat

My husband Kenn and I are sitting here

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Bowen.

together on this Zoom from Iowa City and I am very moved by--also I use she/her pronouns and I'm a member of CCI also.

And I guess I'm so moved by the fact that people have taken time to come and speak before this issue--this Commission.

And even though you may say you don't hear from very many people, I just want to say this: A lot of people are so busy struggling on their day-to-day life, they don't know about (A) this meeting, or the fact that they can make a complaint. They don't know about choices or subsidies.

Just in general, I would like to say this, and I've said it many, many times to the air, and I don't know who can listen to me but I'm hoping somebody here on this call can hear this plea: We, as a society, have the most complicated health care system in the world, which includes insurance.

Insurance plays a big part of that as long as--as well as our medical care from our own doctors and hospitals, the insurance companies, the pharmaceutical companies, and the government, whether it be Medicaid or Medicare. It is complicated.

And as Betty mentioned earlier in this meeting about being a SHIIP counselor--God bless

1 those people that help people maneuver through moving 2 from regular insurance, if they had it, to Medicare. 3 It is not as easy as just saying "Yes, I want 4 Medicare." There are so many options out there that 5 we cannot even make a choice. And I say to my 6 husband every time we do this, I am so happy I have 7 my wits about me in order to make decisions on this 8 very important part of my life. If I was the least 9 bit not able to make a, you know, intelligent, 10 cognizant thinking -- I don't know what those people

This is my plea and it may be way bigger than this particular Commission's purpose today, but I just wanted to get it on record that we have--we don't have the best health care in the world. We have the most expensive and the most complicated and it's just a pity that we have people from everyday living life, raising a family, all the way up to the elderly not knowing where to turn, where to get help, where to get assistance, and I plead for anybody on this call that can make a difference in that to please do so.

Thank you.

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do.

MS. SELLMEYER: Thank you.

COMMISSIONER OMMEN: Thank you.

MS. SELLMEYER: We do have a comment in the chat, Commissioner, from Kay. "These premium increases should not increase so much beyond the cost of living."

And Mei-Ying also commented, "This is not a closed block, is this?"

This is not a closed block, no. This is the ACA policy.

COMMISSIONER OMMEN: All right. And, again, we will take all these comments into the record but the short answer is no, the ACA plans are not a closed block. That simply means that people can enroll. In fact, we, along with the Federal Government, we opened a special enrollment period throughout COVID and at the same time there is additional advance premium tax credits available to people with incomes--household incomes above the 400 percent Federal poverty level threshold.

And so I haven't seen the final numbers from special enrollment, but my guess is that there are people, many people who are in this individual market who, if they haven't seen someone, whether it's a navigator or an insurance producer, there is an opportunity to really understand what those--how those tax credits work and we would encourage people

to do so.

But I guess I'm ready to close the hearing if there are no further comments.

MS. SELLMEYER: We do have one more. Mary that is on the Zoom has her hand raised.

So, Mary, if you would like to make a comment.

COMMISSIONER OMMEN: All right.

MS. MARY BURKE: Thank you. My name is Mary Burke, she/her, and I thank you for this opportunity to speak today. I also appreciate the tutelage you folks are doing.

In 2014 the company I was working for folded in the middle of a personal health scare, one month before the ACA went into effect. I had to go without any insurance for the two months in between the time that it folded and the ACA going into effect.

I had some testing that needed to be done and I had to wait and wonder what was really going on through that time.

The ACA helped me to get that testing done and I was re-insured with my new employer by then. If the rates had been any higher, I might well have had to continue to be uninsured. I'm a registered nurse and I know what going uninsured and what

ignoring health conditions can do without any insurance.

On the 24th of July a very dear friend of mine, and an insurance agent, so understands the industry, died of cancer. She had a lengthy period of being uninsured because she was in business for herself as an insurance agent and she could only afford health care sometimes and she would have to drop out in the middle of the year once or twice because she just couldn't afford it.

A month before she got her diagnosis, fortunately she was able to get reinsured under the ACA, and fortunately for her, had the rates been any higher or if there had been this increase--and she was also not eligible for subsidies because of her business income--she would have had to have died that same horrible death from cancer only without more than getting the diagnosis, without being able to get any care, in severe pain, unable to breathe for the four months she lived with it, the cancer diagnosis.

I appreciate your listening to this and all that you are doing.

MS. SELLMEYER: Thank you, Mary.

COMMISSIONER OMMEN: Thank you.

MS. SELLMEYER: We do have one more comment

here in person.

2 COMMISSIONER OMMEN: Sure.

LAURAL CLINTON: Thank you, Commissioner.

My name is Laural Clinton, pronouns she/her, member of CCI.

I just want to talk about when my husband died in 2008 just before the ACA became an option for us. Five days after he died, I was without insurance for my two sons. It was the scariest time in my life. This company he worked for for 30 years offered me a COBRA program that paid zero. My premiums for each child was \$642.

I've never been so afraid of not having medical coverage for my family in my life in this medical crisis that we're experiencing now with COVID and I understand that companies have to profit but people have to be taken care of as well. We have to look at the human strain and not the profits for these companies that very rarely pay out any services for their clients and their customer base.

I'm going to ask the Commissioner, I know that numbers are numbers, but when your bank account shows zero and there's no numbers to pay for your insurance, we're out of options.

So you have to look at the humanity of the

people that need the health care services and not just the profits for the company.

So I'm going to ask that you take all of that into consideration when you think about denying the increase to these companies at this current time. Our country can't take it. There's got to be some better options for us as humans. We have to do better for each other.

Thank you.

MS. SELLMEYER: Thank you.

I don't see any other hands raised online.

COMMISSIONER OMMEN: All right. With that, I think I'm ready to close the hearing. I do have, again, some additional observations and one of the benefits of being there in person in the past is to actually, after we conclude the hearing, to be able to provide some guidance.

I heard a number of complaints today from some of the advocacy--from the advocacy group that is in attendance about Medicare. Clearly I don't regulate Medicare. I do regulate to some degree Medicare supplement sales and have involvement in those products as well and take, you know, responsibility for that, but that's not the matter that we're--I'm considering today. So to the degree

I'm hearing concerns expressed about Medicare, I have to suggest that that's a different issue. It is a different issue.

The Affordable Care Act did some really valuable things for a lot of people and that's really what we're talking about under this last issue. It did valuable things in terms of really putting in place a benefit for--and they're called essential health benefits. But there's a lot of political debate about what those benefits ought to be. But you have to appreciate, as well, as you increase benefits, when you start to count up claims, the claims go up, and therefore the premiums need to go up.

What happened in the individual market is the premiums went up so high there was clearly a recognition that a large number of Iowans and Americans aren't going to be able to afford it. So as part of that process of the ACA, they added in these premium subsidies--this premium subsidy structure. It's currently available to anyone in this ACA market and I couldn't agree more with those expressing concern about the impact on taxpayers because the impact on taxpayers is very large.

But at the same time on balance, my

responsibility is to actually look at claims, to look at what the insurance company is paying out. And that comes back to that issue of medical loss ratio and what that means. And it sounds bureaucratic but my duty is to look at the particular pool, the particular group of people that are in these plans, and make an evaluation as to is Wellmark paying out claims? And I assure you, they are.

The way insurance works is just like to some degree the way oftentimes taxes work. You pay for things that you don't get the benefit immediately because you're buying the protection in the event that down the road something happens.

I heard a number of comments with regards to group coverage and the impact of that, you know, this idea of COBRA and how that can affect things. The system that we do have in this country is a largely employer-based system. The reason for that's kind of historic but it has to do with you don't pay income tax on the benefits that you receive through your employer. So there's a lot of motivation for companies to offer that coverage that way, but it's getting more expensive. So you'll see reductions in benefits in those areas as well.

But I don't have authority over ERISA plans.

Those are regulated by the Department of Labor. I understand the complaints, I can appreciate the complaints and the frustration, but I don't regulate those.

I do regulate large group plans but I can tell you that those plans, we don't see the same sort of changes that we've seen in the individual ACA market. You know, to be frank, I can't recall ever, you know, having seen a year where rates dropped 42 percent and the next year they're trying to recoup and go back to an increase of 11 percent. I mean, that's certainly, you know, due to some of the political debates, that's due to some of the changes that are occurring. And one thing a market doesn't do well when it's responsible for predicting the future, which is what insurance does, is deal with a lot of changes, especially changes that sometimes seem to change from time to time.

And so, anyway, I want to thank everyone for being here today. I really appreciate it. I want you to know that, you know, as the Commissioner, I am responsible for SHIIP and we do the best we can when it comes to Medicare. But my responsibilities when it comes to insurance rates is to actually make sure they're actuarially sound based upon that particular

1	segment of the market.
2	So, again, thank you very much for being
3	here. I will, based on my comments, you knowif you
4	have additional comments, I'm going to hold the
5	record open. You can continue to submit information,
6	if you'd like, but with that we are ready to adjourn.
7	Sonya, before we adjourn, is there anything
8	further from the Consumer Advocate?
9	MS. SELLMEYER: No. Thank you,
10	Commissioner.
11	COMMISSIONER OMMEN: All right. So with
12	this, the hearing is adjourned and, again, thank you
13	all for being here, thank you for your passion and
14	your comments, but with that we will go off the
15	record.
16	Thank you.
17	MS. SELLMEYER: Thank you, Commissioner.
18	Thank you, everyone, for coming and
19	attending online.
20	(Proceedings concluded at 10:34 a.m.)
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CERTIFICATE

I, the undersigned, a Certified Shorthand
Reporter of the State of Iowa, do hereby certify that
I acted as the official court reporter at the hearing
in the above-entitled matter at the time and place
indicated;

That I took in shorthand all of the proceedings had at the said time and place and that said shorthand notes were reduced to typewriting under my direction and supervision, and that the foregoing typewritten pages are a full and complete transcript of the shorthand notes so taken.

Dated at Des Moines, Iowa, this 8th day of September, 2021.

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